



SHELL OPEN WATER SWIMMING CHAMPIONSHIPS • 10K

May 24, 2024 – Friday • 09:00 • Bozburun - Marmaris

DAY 1

DAY 2

SKODA

SKODA OPEN WATER SWIMMING CHAMPIONSHIPS . 3K

May 25, 2024 - Saturday • 08:30 • İçmeler - Marmaris

SKODA

SKODA OPEN WATER SWIMMING CHAMPIONSHIPS • 2K

May 25, 2024 – Saturday • 13:30 • İçmeler - Marmaris

JOTUN

JOTUN 4x400m RELAY MEET > MIX

May 25, 2024 - Saturday • 16:00 • İçmeler - Marmaris

SHELL NIGHT SWIM • 400m

May 25, 2024 - Saturday • 19:30 • İçmeler - Marmaris

MARTI HOTELS & MARINAS MARTI HOTELS OPEN WATER SWIMMING CHAMPIONSHIPS • 5K

May 26, 2024 - Sunday • 08:30 • İçmeler - Marmaris

aroma

AROMA AQUAKIDS SWIMMING EVENT • 200m

May 26, 2024 – Sunday • 12:00 • İçmeler - Marmaris

DAY 3

SeturMarinas

SETUR MARINAS OPEN WATER SWIMMING CHAMPIONSHIPS • 1K

May 26, 2024 – Sunday • 13:30 • İçmeler - Marmaris

QUICK>FINANS

OUICK FİNANS 4x400m RELAY MEET > WOMAN

May 26, 2024 – Sunday • 15:30 • İçmeler - Marmaris

QUICK SIGORTA

QUICK SİGORTA 4x400m RELAY MEET > MAN

May 26, 2024 – Sunday • 16:30 • İçmeler - Marmaris

21st International Arena AquaChallenge Swimming Championships

MARMARİS İçmeler-Bozburun May 24-26, 2024



Registration Ends: May 20, 2024, Monday • 17:00

Announcement of Control Lists: May 22, 2024, Wednesday Announcement of Start Lists: May 23, 2024, Thursday

TABLE-1

| | Application Options and Courses AquaUltra 1K, 2K, 3K, 5K, 10K + Night Swim | | Registration Fee | Quota |
|--|------------------------------------------------------------------------------|-----------------------------|------------------|-------------|
| | | | € 90 | - |
| | AquaPro | 1K, 2K, 3K, 5K + Night Swim | € 80 | - |
| | AquaPower | 1K, 2K, 3K + Night Swim | € 70 | - |
| | AquaYoungStars | 1K, 2K | € 50 | - |
| | AquaRelay | 4x400m Relay Meet | € 40 (4 x €10) | 60 Teams |
| | AquaKids | 200m | Free of Charge | 50 Swimmers |

TABLE-2

| Registrations Options | Contents of the Race Packages | |
|-----------------------|-------------------------------------------|--|
| AquaUltr | Arena Swim Cap + Bag + Sweatshirt + Towel | |
| AquaPro | Arena Swim Cap + Bag + T-Shirt + Towel | |
| AquaPow | Arena Swim Cap + Bag + T-Shirt | |
| AquaYoung | Arena Swim Cap + Bag + T-Shirt | |
| AquaKid | Arena Swim Cap + Bag + T-Shirt | |

Included in Participation Packages

- Race Kit for the Participation Packages specified in Table-2
- VAT & TYF(*) Contribution Fee
 (*) Turkish Swimming Federation
- Medal For Winners
 (1st, 2nd & 3rd Place For Overall And Categories)
- Tranponder-Based Timing System
- Accident Insurance For All Swimmers

- Medical Assistance, Ambulance And First Aid
- Aroma Hydration And Feeding Points On Ground (*)
- Supervision of TYF official competition referees
- Referee boats suitable for quick intervention
- Shell Cafe Coffee & Sandwich (*)
 - (*) This service is subject to stock availability and will be provided by the sponsor within a specified timeframe.

IMPORTANT NOTICE

National or regional official decisions and public mandates are highly expectable in the dates of our championships. Therefore, our board of directors reserves the right to make complying decisions. All these decisions will be announced through our website and social media accounts. All the travel and accommodation expenses are under the participants' responsibility: The organizational committee cannot be held responsible for them.

Course Lengths, Start Times and Time Limits..

- a. Race start times, rules for wetsuit and buoy use, swimming time limits for each distance are presented in TABLE-3.
- b. **Time Limit:** Swimmers who cannot complete the race within the specified time limits will be removed from the water by the referee's decision and taken to the boats.

Each category must start swimming within 5 minutes at the latest after the start signal is given.

TABLE-3

| Course Lengths | Start Times | Start Times (Wetsuit Category) | Time Limits | Use of Wetsuit | Wetsuit Category | Use of Swim (*) | Minimum Participation Age |
|------------------------|-------------|-----------------------------------|-------------|----------------|---------------------|--------------------|---------------------------------|
| 1K | 13:00 | - | 45 minutes | No | No | No | 11 |
| 2K | 13:30 | - | 90 minutes | No | No | No | 11 |
| 3K | 08:30 | 08:40 | 110 minutes | Optional | Yes | No | 14 |
| 5K | 08:00 | 08:10 | 150 minutes | Optional | Yes | Mandatory | 14 |
| 10K | 08:30 | 08:40 | 300 minutes | Optional | Yes | Mandatory | 14 |
| NIGHT SWIM (400 m) | 19:00 | - | 30 minutes | Optional | No | Mandatory | 14 |
| RELAY MEET (4x400m) | 15:00 | - | 90 minutes | No | No | No | 11 |
| AQUAKIDS (200m) | 13:00 | - | - | No | No | No | Between 9-10 |

^(*) Swim Buoys will be provided to the athletes free of charge for use during the race by the organization.

Races and Events that swimmers can enter by age groups

| Age Groups | Age Ranges | Races | | |
|----------------|---------------------------------|---------------------------------------------|--|--|
| AquaMasters | Age 25+ & with 5 year increment | 1K, 2K, 3K, 5K, 10K, Night Swim, Relay Meet | | |
| AquaPreMasters | Age 20-24 | 1K, 2K, 3K, 5K, 10K, Night Swim, Relay Meet | | |
| AquaYouths | Age 14-19 | 1K, 2K, 3K, 5K, 10K, Night Swim, Relay Meet | | |
| AquaYoungStars | Age 11-13 | 1K, 2K, Relay Meet | | |
| AquaKids | Age 9-10 | 200m | | |

Age Groups

| AquaKids | | | | | |
|-----------------|-----------|--|--|--|--|
| 9-10 | 2015-2014 | | | | |
| AquaYoungStars | | | | | |
| 11-13 2013-2011 | | | | | |
| AquaYouths | | | | | |
| 14-16 | 2010-2008 | | | | |
| 17-19 | 2007-2005 | | | | |
| AquaPre-Masters | | | | | |
| 20-24 | 2004-2000 | | | | |
| | | | | | |

| AguaMast | ers-Woman | AquaMasters-Man | | |
|----------|-----------|-----------------|-----------|--|
| 25-29 | 1999-1995 | 25-29 | 1999-1995 | |
| 25-29 | 1999-1995 | 25-29 | 1999-1995 | |
| 30-34 | 1994-1990 | 30-34 | 1994-1990 | |
| 35-39 | 1989-1985 | 35-39 | 1989-1985 | |
| 40-44 | 1984-1980 | 40-44 | 1984-1980 | |
| 45-49 | 1979-1975 | 45-49 | 1979-1975 | |
| 50-54 | 1974-1970 | 50-54 | 1974-1970 | |
| 55-59 | 1969-1965 | 55-59 | 1969-1965 | |
| 60-64 | 1964-1960 | 60-64 | 1964-1960 | |
| 65-69 | 1959-1955 | 65-69 | 1959-1955 | |
| 70-74 | 1954-1950 | 70-74 | 1954-1950 | |
| 75-79 | 1949-1945 | 75-79 | 1949-1945 | |
| 80-84 | 1944-1940 | 80-84 | 1944-1940 | |

COMPETITION RULES

Athletes who meet the conditions specified in the regulation can participate in the competition with their own means. Athletes who register for the competition will be deemed to have read and accepted the following conditions of participation.

1) Documents Required for Registration

- a. Swimming Licence or Medical Report: Athletes will be able to participate with a Swimming Licence with 2023/2024 expiry date or a medical report taken at most 30 days before the championships and will submit one of these documents to the Referee Committee before the competition. Foreign athletes will be accredited with passport and letter of commitment.
- b. Consent: Athletes participating in the competition will sign a consent form stating that they accept the conditions of participation in the competition and submit it to the registration desk. All participants have to read and review the competition regulations and all conditions of participation before application. Athletes who register for the competition declare that they have read, understood and accepted all these conditions and complete the registration process. For each athlete under 18 years of age, the consent form signed by the parent must be delivered to the registration desk.
- c. Additional documents for 10K application: Athletes who will participate in the 10K competition, which is open to athletes over the age of 14, will be asked to document the results of the races they have participated in within the last 1 year and their long distance swimming experience. According to the documents submitted, the application will be evaluated and a confirmation of participation will be sent to the athletes who meet the criteria for participation in 10K competition.

2) Application, Registration and Race Kit Distribution:

a. Participation Fee and Registration Procedure: International swimmers who do not reside in Turkey can make swimming race participation fee payments to the accounting officer on site, and collect their receipt.

Foreign participants residing in Turkey are required to pay their participation fees to the belove mentioned account number as specified.

Participation fees for the competition must be deposited to the account numbered TR68 0006 7010 0000 0062 6381 76 (Yapı ve Kredi Bankası) belonging to Tia Tanıtım Ve Reklamcılık Ltd. Şti. with the statement of "Registration options (AquaUltra, AquaPro, AquaEndurance, AquaPower, AquaYoungStars, AquaRelay (Mix/Women/Men)". THE COMPETITION E-APPLICATION FORM (CONTAINING RACE CHOICES AND ALL REQUESTED INFORMATION) AND PROOF OF PAYMENT SHOWING THAT THE PARTICIPATION FEE HAS BEEN TRANSFERED must be sent by attaching it to the application form via the APPLICATION link on the www.AquaMasters.org website. Incomplete application form is not accepted by the system.

b. Race kit and distribution: Athletes will receive a race kit as specified in the entry option they have requested. Race kits will be delivered personally to each athlete upon presentation of identification, on the day and at the time specified in the Championships programme. Kits that are not received for any reason (work, health, etc.) cannot be sent to the address provided and no claim can be made for the kit.

c. Race kit distribution according to registration categories:

The contents of the race kit are given in Table-2. Since the kits will be prepared according to the information specified in the application form, the size preference cannot be changed later and any other race kit than the one defined for the registration category will be given.

3) Use of Swim Buov

For the 5K, 10K races and the Night Swim event, Swim Buoys will be provided to the athletes free of charge for use during the race in exchange for their Identity Card. Apart from the Swim Buoys allocated by the organisation, no other Swim Buoy can be used.

- 4) Wetsuit (Protective Clothing) Rule and Start Procedures: a. Listed below are the races where swimming with wetsuit is/ is not allowed.
- Races/events where wetsuit is allowed; 3K, 5K, 10K, Night
- Races/events where wetsuit is not permitted; 1K, 2K, Relay Races, AquaKids.
- b. The start of the races where wetsuit is allowed will be given 10 minutes after the athletes who do not use wetsuits.
- c. The results of athletes using wetsuits will be announced under the "Wetsuit category and will be ranked separately. The wetsuit category will apply to all age categories and to the general classification for men and women. The award ceremony for the wetsuit and non-wetsuit categories will be held simultaneously.

5) 10K competition feeding station:

A feeding station will be set up at the 5K intermediate check point. The products to be offered to athletes at the station will be announced one week before the race. Athletes are free to carry their own food supplements. At the end of the race, they must leave their waste at the aid station or in the waste disposal area. Athletes who act against the principle of environmental protection will be disqualified.

- 6) Night Swim Event: The Open Water Night Swim event is only open to athletes aged 14 and over.
- 7) Relay Meet: There are 3 different relay races: Men, Women, Mixed Relay. Each team consists of 4 athletes;
- · Women's relay team: 4 female athletes
- Men's relay team: 4 male athletes
- · Mixed team: 2 female and 2 male athletes.
- 8) AquaKids: It takes place at a distance of 200m. Participation is free of charge. Quota is limited to 50 kids.

9) Awards and Award Ceremony Procedure a. 1In the 1K, 2K, 3K, 5K and 10K, the top three male and female

finishers in each age group will receive a medal. In addition,

- plaques will be awarded to the top 3 male and female athletes in the general classification, which includes athletes over the age of 25.
- b. Athletes competing in the AquaYouths and AquaPreMasters categories are not included in the general classification of AquaMasters aged 25 and over, but the swimmers who rank in the top 3 in their age groups will be awarded a medal.
- c. The results of the athletes using wetsuits in 3K, 5K, 10K races will be classified separately under the "Wetsuit Category". This category will be applicable for all age categories and general classification for men and women. The award ceremony for the categories with and without wetsuits will be held simultaneously.
- d. Participation certificates in pdf can be downloaded from the organisation results page for each of the 1K, 2K, 3K, 5K, 10K races and Night Swimming events within 7 days following the championships. No award ceremony is organised for the Night Swim event and no medals are given.
- e. The awarded athletes are required to wear the AquaChallenge T-shirt/Sweatshirt given to them in the registration kit or the jersey of the sports club they represent when they are invited to the podium during the award ceremony. They will not be allowed to stand on the podium with clothes belonging to different sports organisations.
- f. We kindly ask our athletes who have received awards to attend the Awards Ceremony where all public and private institutions and sponsors who support swimming and all those who have contributed will be honoured. The awards of our athletes who cannot attend the ceremony for any reason will be given to their friends on request and no award will be sent by post after the Championships.

10) Reasons for disqualification:

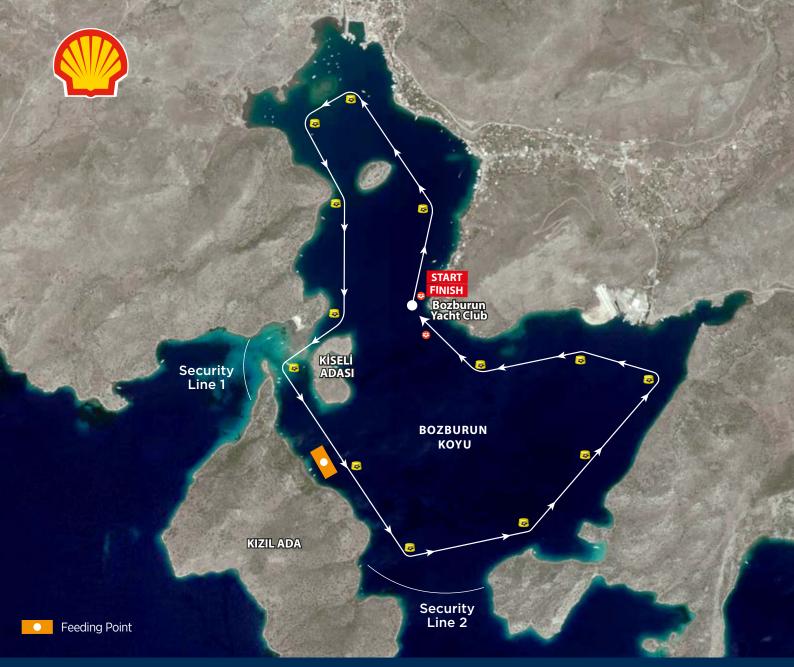
- a. The referees will accompany the swimmers with their boats and will warn the swimmers if there is any breach of the rules and sportsmanship. Those who do not comply with the referee's warnings and rules will be disqualified from the race.
- b. Numbering on the body before the race is compulsory. Starting the race without numbering, either as a body tattoo or handwritten by the judges, is grounds for disqualification. Swimmers may not use any protective cream on their bodies before the numbering process.
- c. In races where a transponder is used for timing, the chip must be worn on the ankle from start to finish of the race. Racing without a chip or with someone else's chip for any reason is grounds for disqualification.
- d. Swimmers who are deemed by the referees to be physiologically or psychologically unfit to continue in the race will be disqualified from the race, removed from the water and escorted to the boats.
- e. Swimmers who deliberately behave in a manner that is unfair and obstructive to other swimmers will be disqualified. Athletes who behave in an unsportsmanlike manner for any reason during the championships will be banned from participating in the championships for 1 year. If the offence is repeated, they will not be able to participate in future championships.
- f. Swimmers may not wear watches, jewellery, etc. during the competition. Swimmers found wearing such items during the competition will be disqualified.

11) Situations and Procedures Requiring Postponement / **Cancellation / Modification of Competitions**

- a. The AquaChallenge Board of Directors has the right to postpone the competition if it decides in the coordination meeting to be held before the championship with the Muğla Governorate, Marmaris District Governorate, Marmaris Port Authority, Coastal Safety, Maritime Police and Coast Guard units that weather and sea conditions will endanger the safety of life and property of the competitors, accompanying boats and officials at sea.
- b. The Board of Directors of AquaChallenge can decide to cancel the competition if the weather and sea conditions do not improve on the day of the postponement due to force majeure.
- c. The Organising Committee has the authority to make decisions, changes, cancellations, postponements, modifications, etc. in all matters regulated in this regulation.
- d. The AquaChallenge Board of Directors may decide to cancel the competition for unforeseen reasons such as epidemics, natural disasters such as earthquakes, floods, fires, weather and sea conditions, war, terrorist acts and riots, and within the framework of precautionary decisions and measures to be taken as a result of these reasons.
- e. In the event of any change made for any of the above reasons (mentioned in a,b,c,d), in the event that the Competition is postponed or cannot be held and/or in the event that the Competitor is unable to participate in the Competition for any reason, the Competitor shall not be request any refund. His/her registration shall not be transferable to another event or person.
- f. If for any reason a competitor is unable to participate in the event, there will be no refund and the entry fee will not be transferred to another event or person.

12) Environmental protection:

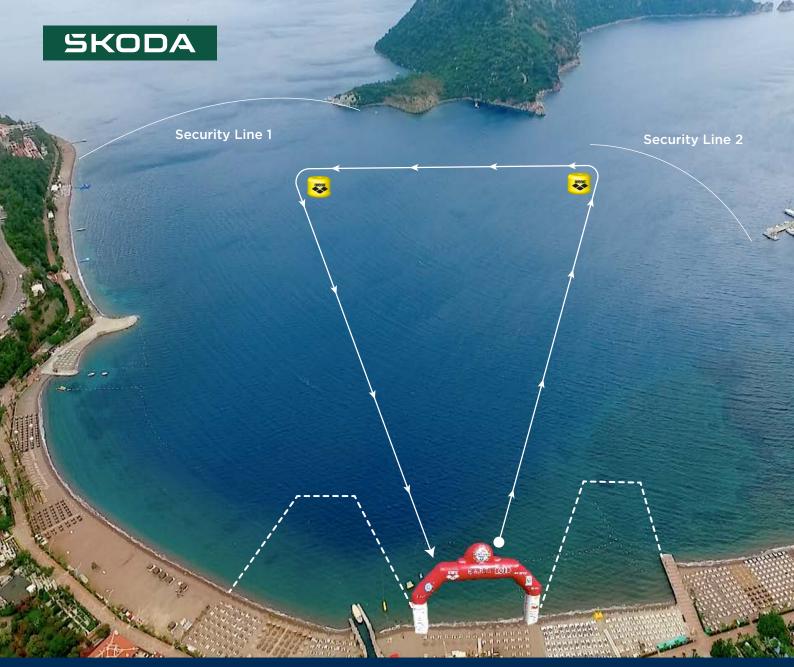
- The International Arena AquaChallenge Swimming Championships is an environmentally friendly organisation. With the mission of zero waste and environmentally friendly organisation, we kindly ask all participants to be sensitive about throwing waste such as energy gels, water bottles, etc. into the garbage bins in the water and on land, and to prefer environmentally friendly products such as sunscreen, petroleum jelly and cosmetics.
- 13) It will be assumed that the athlete has read and accepted the terms and conditions of participation above by the time of registration for the event.



SHELL OPEN WATER SWIMMING CHAMPIONSHIPS 10K COURSE • BOZBURUN - MARMARIS



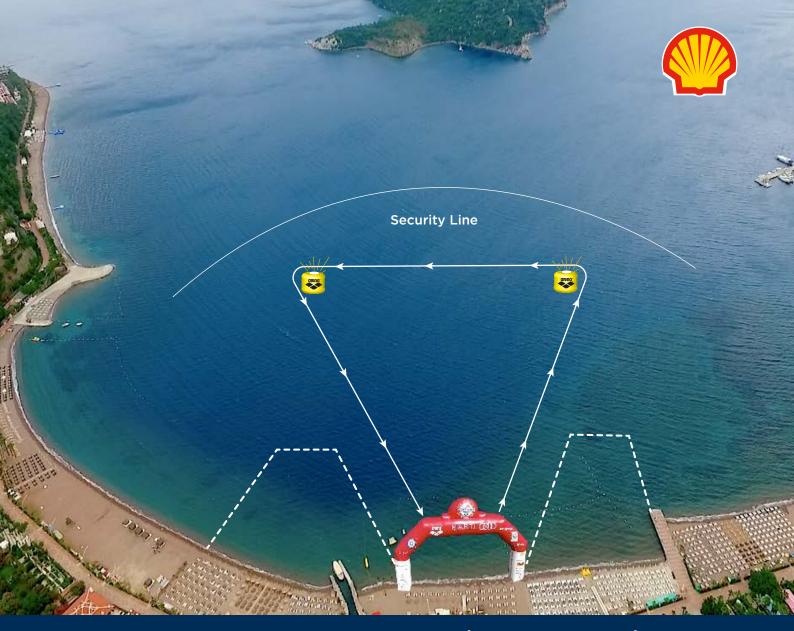
ŠKODA OPEN WATER SWIMMING CHAMPIONSHIPS 3K COURSE • İÇMELER - MARMARİS



ŠKODA OPEN WATER SWIMMING CHAMPIONSHIPS 2K COURSE • İÇMELER - MARMARİS



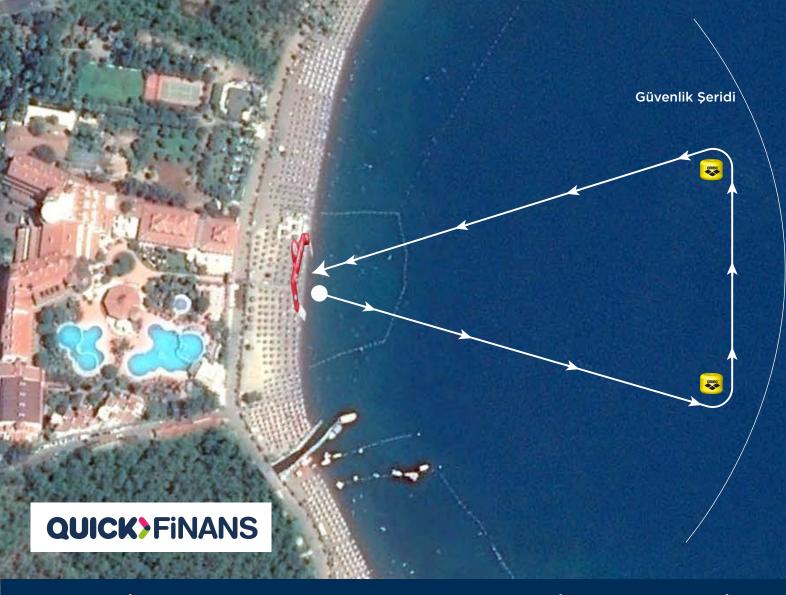
JOTUN 4x400m RELAY MEET COURSES • MIX • İÇMELER - MARMARİS



SHELL NIGHT SWIM EVENT COURSE • İÇMELER - MARMARİS



MARTI HOTELS OPEN WATER SWIMMING CHAMPIONSHIPS 5K COURSE • İÇMELER - MARMARİS



QUICK FİNANS 4x400m RELAY MEET COURSES > WOMAN • İÇMELER - MARMARİS





SETUR MARINAS OPEN WATER SWIMMING CHAMPIONSHIPS 1K COURSE • İÇMELER - MARMARİS



OPEN WATER SWIMMING EVENT AQUAKIDS COURSE > 200m • İÇMELER - MARMARİS